Connecticut Magazine TOP DOCTORS PROFILES 2024



MEDICAL SCHOOL: SUNY Downstate College of Medicine

HOSPITAL: Griffin Hospital

PROFESSIONAL AFFILIATIONS: American Board of Ophthalmology (Diplomate); American Academy of Ophthalmology (Fellow); American Society of Cataract and Refractive Surgeons; International Society of Refractive Surgery; Connecticut Society of Eye Physicians; New England Ophthalmological Society; Cornea Society JOSEPH SOKOL, M.D. MEDICAL SCHOOL: Mount Sinai School of Medicine

HOSPITAL: Griffin Hospital

PROFESSIONAL AFFILIATIONS: American Board of Ophthalmology (Diplomate); American Academy of Ophthalmology (Fellow); American Glaucoma Society; Connecticut Society of Eye Physicians; Connecticut Glaucoma Society; New York Glaucoma Society

JOSEPH SOKOL, M.D., LORENZO CERVANTES, M.D.

DRS. JOSEPH SOKOL and LOREN-ZO CERVANTES are ophthalmologists in a boutique practice that puts patients first and offers superior eye care. They use the most technologically proven methods to treat glaucoma, corneal issues and cataracts in an independent medical facility.

DR. JOSEPH SOKOL, who founded Connecticut Eye Specialists, graduated from Wesleyan University and earned his medical degree from the Mount Sinai School of Medicine (now Icahn School of Medicine at Mount Sinai). He completed his residency training in ophthalmology at Northwestern University in Chicago and his glaucoma fellowship training at The New York Eye and Ear Infirmary in Manhattan.

"Glaucoma is the second leading cause of blindness in the world," says Dr. Sokol.

CONNECTICUT EYE SPECIALISTS INSPIRE LASER VISION CENTER

Three percent of Americans suffer from glaucoma, but half "don't even realize they have it." He urges everyone over the age of 40 to get screening. He treats glaucoma with medication to reduce pressure in the eyes, laser to stimulate fluid drainage or surgery to bypass the drain of the eye using a variety of techniques. He performs MIGS – minimally invasive glaucoma surgery which is safer than traditional surgeries and complex cataract surgery with premium intraocular lenses.

DR. LORENZO CERVANTES received his B.S. from Binghamton University. He graduated cum laude from the Downstate Medical Center College of Medicine. He did his residency in ophthalmology at the North Shore/LIJ Health System (now Northwell Health) and completed his fellowship in cornea, external disease and refractive surgery at the Eye and Ear Institute of the University of Pittsburgh Medical Center.

Dr. Cervantes' expertise is surgery to treat corneal disease with various forms of selective cornea transplantation and was the first surgeon in Connecticut to perform Descemet's membrane endothelial keratoplasty (DMEK). He also has a passion for refractive surgery and offers patients options like LASIK, PRK, and intraocular collamer lenses (ICLs).

He's authored several textbook chapters and peer-reviewed journal articles. He is on the Board of Directors and Medical Advisory Committee of Eversight, one of the world's largest eye banks. He teaches other surgeons advanced techniques in cornea transplantation, anterior segment reconstruction, and cataract surgery.

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